

- Prayer to The Angel Bath Kol -

Assistance in Affirming a Heart of Forgiveness

I ...(say your name)... Call upon The Angel Bath Kol
as I request assistance in releasing resistance;

Daughter of The Voice of Heaven - of clear and loving communications,
Help me to deepen my love for Self & Other, and to accept and allow for Divine Justice.

Between the stillness and the reverberation, softly,
as do the murmurs of a dove, please guide me.

I ...(say your name)...request your assistance,
So that I may find it in my heart to forgive those who have caused me harm.

Help me to release, right here, right now, the pain that I feel in my heart.

Help me to release the resentment,

Help me to release the frustration,

Help me to release the anger,

Help me to release the anxiety,

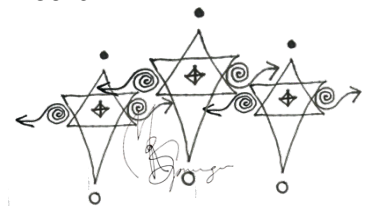
Help me to release the sorrow,

Help me to release the doubt,

Help me to release the fear,

Help me to release all these things, so that I may move on,

Becoming a stronger, wiser, more healed, and more loving version of myself.



May your turquoise healing aura envelope me, bringing me courage, wisdom and understanding, acceptance of truth, love and light so that I may find it in my heart to forgive others, **and to forgive myself as well, for falling short of my expectations.**

I...(say your name)... thank you in advance for helping me to release all these hurts, and for helping me to Increase my faith in **MySelf** and in the **Divine**, until such a time when that Higher Will and Higher Plan may be revealed. This prayer I say with gratitude, affirming that my **Heart of Forgiveness** doth already grow.

Amen.