

Mother Gaia: Prayer of Forgiveness & Release

I ...(say your name)... Call upon Mother Gaia:

- may your earthly energies soothe me, for I am you and you are me.

I forgive you.

And I forgive me.

I forgive all those unnamed others, and I ask that they also find it in their hearts to forgive me for all the tasks left unaccomplished, for all of the dreams intercepted, and yet to be achieved;

I ...(say your name)...release the pain that I feel in my heart;

I release the resentment, (over hurts caused by others, and those hurts I've caused to myself)

I release the anger, (over injustices inflicted upon me, and to others that I hold dear)

I release the frustration, (over tasks intercepted, as I grow in understanding of Divine Timing)

I release the disappointment, (over goals and promises left unachieved)

I release the anxiety, (that is misunderstood excitement, of the joy I feel in living)

I release the sorrow, (for friendships, loves and passions lost along the journey)

I release the fear, (over others observing and taking advantage of my imperfections)

For I know that I am perfectly imperfect. For perfection is imperfection.

And in my perfect imperfection, lies the beauty of my singular existence.

I...(say your name)...release all these things, so that I may move on,

And become a stronger, wiser, more healed, and more loving version of myself.

I release these troubles into the earth, into Mother Gaia, into the rocks and into the soil,
So that I may be part of a global solution, where all participants including myself can win.

I...(say your name)...hereby speak into being a world of Win Win,

where ALL participants are winners,

and ALL participants are winning.

I speak into being, a world where;

ALL participants seek and find the joy, the love, the abundance,
the fulfilment, and the prosperity that they are after.

So that they are able to be as loving to themselves, as they are to others whom they value,

So that they are as loving to others as they are to themselves whom they value.



I...(say your name)...call this into being with you:

Mother Gaia, Mother Nature, Netir – The Nurturer; with my understanding of the best, most positive aspects of you as the exemplar; and as our foundation for what healthy and healing love looks like, feels like, thrives like; gives and receives like.

I thank you in advance for making this so.

And so it is, and so it is, and so it is...